VR 360/Immersive Premiere (4K)
1. New Project
2.Go to desktop and make a new folder (File organization)
3.Name folder
4. Inside folder make folders
   a. Videos
   b. Exports
   c. Images
   d. Audio
5. Put videos into video folder, images into image folder etc.
6. Go back to Premiere
   a. Title project
   b. Hit browse and tell it where to save your project > project folder > OK
7. File > New > Sequence
   a. Sequence presets > VR > Monoscopic > 3840 x 1920 (non ambisonic unless recorded using
        ambisonic mics).
8. In the canvas bottom(editor) hit the + to the R of the screen, choose VR Toggle button, click and
   drag it onto the layout below the canvas(editor).
9. Import a file command + I
10. Drag the video onto the timeline
11. Keep existing settings
12. Video will be small > Expand to fit the screen
13. Double click on video blue bounding box appears > Expand video to fit the screen
14. Hit VR Toggle and move around the video
15. At the end of the video we need to stitch the video to make it seamless
16. PS Remember to SAVE often
17. Unclick Toggle View
18. Find an image to cover the seam Ex. A **Tree**
19. Open up Photoshop after saving the image to the Image Folder
20 Using the Magnetic Lasso Tool > Trace the **Tree** (To access this tool hold the Lasso Tool option and
    the Magnetic Lasso option will appear.
21. Copy and Paste the **Tree**
22. In the layer panel select the **Tree** that says background and DELETE it (hit del on your keyboard)
23. Save as a PNG - PNG has an Alpha Channel (transparent background)
24. Back to Premiere > Import PNG
25. Drag onto timeline on top of your video file (V2)
26. Highlight the **Tree** (or object of choice) Copy and Paste it
27. Double click on the **Tree** and on top of the Viewer Panel go to Effect Controls
     a. Resize the **Tree** using Scale/change the Position moving it to your liking.
28. Move the resized tree to L end of the Canvas, only half of the tree should be visible. Drag the other tree to the R side of the canvas half should be visible.
29. Toggle the trees to match the two halves so that you can remove any seam.